

c/o Rick Daitchman
1530 N. Dearborn Pkwy.
Unit #12 South
Chicago, IL 60610



31st Annual Diane Graham-Henry 5k Race Walk

Hotels

Days Inn Lincoln Park, 700 W. Diversey, 773/525-7010
www.daysinn.com

Inn of Lincoln Park, 644 W. Diversey, 773/525-7010

Majestic Hotel, 528 W. Brompton, 800/727-5108

The Willows, 555 W. Surf, 800/787-3108

Best Western At Hawthorne Terrace, 3434 N. Broadway, 888/860-3400. www.hawthorneterrace.com

Chicago Getaway Hostel, 616 W. Arlington Place,
773/929-5380, www.getawayhostel.com

Directions to Race

From the North:

From N/S expressways exit at Irving Park. (4000N). Go east to Lake Shore Drive. Go under Drive and turn left (north) and exit at Foster Ave. (5200 N). Go east to Simonds Drive (which turns south). Park in lot, or along Simonds. Race Start is south of soccer field along foot path.

From the South:

Take Lake Shore Drive north to Foster Ave. (5200N).
See above directions.

Sponsors



Present the 31st Annual Diane Graham-Henry 5k Race Walk

&

USATF Illinois State 5k, USATF Midwest Region 5k Championships

**Sunday,
September 10, 2017
at Foster Avenue**



JOIN THE SPORT OF RACE WALKING!

The Chicago Walkers Club is hosting its 31st Annual Diane Graham-Henry 5k Race Walk, September 10, 2017 at Foster Avenue on the lakefront of Chicago. Chicago Walkers Club, in its 33rd year, is one of the largest walking clubs in the Midwest. Check out the Club and its activities at www.chicagowalkers.org.

A fast, flat course has been developed for the race. It's a 1k loop. The course map is on the club website, www.chicagowalkers.org

RACE INFORMATION:

Date: Sunday, September 10, 2017

Place: Foster Ave. and Simonds Dr. on the Lakefront.

**Time: 7:30 a.m. Check-in/Registration
8:30 a.m. Race Walk Start**

Packet Pick-up Day of Race:

Awards and Raffle to follow event.

Raffle winners must be present.

**FEE: \$25, \$30 race day
\$10 Youth (18 years old and under)**

REGISTRATION:

**Send application and entry fee payable to:
Chicago Walkers Club,
c/o Rick Daitchman
1530 N. Dearborn Pkwy.
Unit #12 South
Chicago, IL 60610**



Chicago Walkers 31st Annual Diane Graham-Henry 5k Race Walk 2016 USATF State & USATF Midwest Region 5k Championships

The CWC 31st Annual is also the 2017 USATF State 5k for Illinois residents, and USATF Midwest Region 5k Championship. These races are USATF competitive events where USATF race walk rules apply. USATF course cert. no. IL14118JW.

The athletes compete in five-year age groups: 29 and under to 70 and over. First three male and female finishers, after judges' calls, in each age group will receive medals.

Proper race attire: SHORTS & shirt.

Knees must be visible. Race numbers must be worn center of chest and back. Event judged by USATF certified officials.

Hotel information & directions on outside of this form



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Chicago Walkers 31st Annual Diane Graham-Henry 5k - ENTRY FORM: Fill out clearly.

NAME: _____ AGE: (9/10/17) _____
 ADDRESS: _____ Date of birth: _____
 CITY: _____ STATE: _____ ZIP: _____ SEX: M _____ F _____
 TELEPHONE(S): _____ 2017 USATF# _____
 E-Mail: _____ (Required for USATF Events)
 TEAM Name: _____ Club/School/Assoc. _____
 Volunteer: Please fill out address, phone & e-mail, and sign waiver.

Waiver: In consideration of accepting this entry, I hereby for myself, my heirs, executors and administrators waive and release any and all right and claim for damages I have against the City of Chicago; Chicago Park District and members of the Park District Board, and the officers, agents, and employees of the Chicago Park District, individually and collectively; Chicago Walkers Club, organizers, sponsors, officials their representatives, successors and assigns for any and all injuries suffered by me in said event. I further attest and certify that I am physically fit for this event.

SIGNATURE: _____ DATE: _____
 (If under 18 years of age, signature of parent or guardian is required)