

# Chicago Walkers Club

## October 2017 – March 2018 Calendar

Saturdays, 8:00 AM	<b>Race Walk Training</b> – form, speed and endurance – Cannon Drive across from Lincoln Park Zoo Spring training for long-distance races will begin in late February
Saturdays, 9:00 AM	<b>Fitness Walk</b> , Cannon Drive across from Lincoln Park Zoo
October 22, 8:00 AM	Parkside Athletic Club Fall Walks (all distances) and USATF Midwest 10km Race Walk Championship, Petrifying Springs Park, Kenosha
October 22, 9:00 AM	USATF Open and Masters 30km Race Walk Championships and Open 20km and 50km race walks, Hauppauge, NY
December 9, 2017	Chicago Walkers Club Holiday Party, members and their guests, signup required; watch for email messages on how to sign up
December 30, 2017	USATF Indoor 5000m Race Walk National Championship, Rochester, New York
January 1, 2018, 10:00 AM	Annual New Year's Day architectural walk in downtown Chicago
March 16-18, 2018	USATF National Masters Indoor Championships (3000m race walk), Landover, MD
March or April, 2018	Pizza Party, date and place TBD

## Looking Ahead

July 26-29, 2018	USATF National Masters Outdoor Championships (5000m and 10km race walks) Spokane, WA
September 5-16, 2018	World Masters Athletics Outdoor Championships (5000m, 10km and 20km race walks) Málaga, Spain