



Open & Masters National 5k Race Walk Championship



33rd Annual Diane Graham-Henry 5k Race Walk

Sunday, September 8, 2019

Place: Lincoln Park at Diversey &
North Lake Shore Drive.
Across from St. Joseph Hosp.
2900 N. Lake Shore Dr.

Time: 7:30 a.m. Check-in

Start: 8:30 a.m.

Packet pickup and late registration: 9/7/19
3 p.m. - 7 p.m. at Hotel Versey
Or on race day at 7:30 a.m.

Fee: \$25, 9/5/19 to Race Day \$30
18 and Under \$15

Register: Online Deadline 9/4/19 at 11:59 CST

Checks payable to : USATF Illinois
Need to arrive no later than 9/5/19

Mail to: Diane Graham-Henry
2247 N. Geneva Terrace
Chicago, IL 60614

Hosted by: USATF Illinois & Chicago Walkers Club

Host Hotel: Hotel Versey
644 West Diversey Ave., Chicago, IL 60614
773-525-7010
30% discount if booked by 8/14/2019
Hotel is walking distance to the race site.

NOTE: Open block ends 8/14, but call Neena direct at
773-525-3165, and discount will still be honored up to
date of race.

Other hotels near the course: Inn at Lincoln Park,
Majestic Hotel, The Willows, Chicago Getaway Hostel.

Register online: <https://www.simplyregister.net/register/?e=117234>

Open: Medals six deep male and female. Prize money top three male and female.

Masters: Age group medals top three male and female.

Record forms at race. Please notify race director pre-race.

Chicago Walkers: Age group medals male and female.

USATF Course Cert. No. IL19027NM - AIMS Cert. No. USA-2019-030

Entry Form: PRINT clearly.

Name: _____ **Age on 9/8/19:** _____

Address: _____ **Date of Birth:** _____

City: _____ **State:** _____ **Zip:** _____ **Male** _____ **Female** _____

Phone: _____ **Email:** _____

Club/School/Association: _____ **2019 USATF #** _____
(required for National Championships)

Event entered: Open 5k _____ Masters 5k _____ Chicago Walkers 5k _____ **Volunteer:** _____

Waiver: In consideration of accepting this entry, I hereby for myself, my heirs, executors and administrators waive and release any and all right and claim for damages I have against the City of Chicago; Chicago Park District and members of the Park District Board, and the officers, agents, and employees for the Chicago Park District individually or collectively; the USATF Illinois Association and board members, Chicago Walkers Club, organizers, sponsor, officials their representatives, successors and assigns for any and all injuries suffered by me in said event. I further attest and certify that I am physically fit for this event.

Signature: _____ **Date:** _____

(If under 18 years of age, signature of parent or guardian is required.)